

**\*\*Florida Pagan Gathering Samhain 2022 Workshop Schedule\*\***  
**(Dates, Times and Locations are subject to change prior to the event)**

**WEDNESDAY**

**Newcomers Welcome Meeting**  
**3:00pm – 4:00pm ~ Dining Hall ~ Medea Athairn**

Welcome all Newcomers, FPG first-timers and Festival Virgins in general! Join us for coffee or tea in the Dining Hall and have your questions answered and meet your fellow newcomers. Not a First-timer? That's OK! This is an opportunity for anyone to come and have questions answered or to speak to a Coordinator if they need to. (All Ages Welcome)

**Stone Grill**  
**5:30pm – 6:30pm ~ Dining Hall ~ Shield & Spear Society**

Join us for the return of a great FPG tradition. Much like a Stone Soup where everyone in the community brings something for the pot...with the Stone Grill you bring something to share with the community and we cook it up on our big stone grill. All we ask in return is that you bring your own plates, utensils and beverage. (Somethings to consider donating: meats (defrosted), veggies, burgers, hot dogs, potatoes, veggie burgers, baked beans, prepared salads, corn on the cob, hamburger and hot dog buns, potato chips) (All Ages Welcome)

**Opening Ritual**  
**7:00pm ~ Fire Circle ~ Temple of Earth Gathering**

Welcome home! Join us as we call the Quarters and welcome the Divine to our celebrations. We will also light the sacred fire. This is also a time to get important information and updates. Be sure to arrive early and bring a chair or ground cover. (All Ages Welcome)

**Bardic Circle**  
**8:00pm ~ Fire Circle ~ Medea Athairn**

Bring your best stories and your favorite songs. Tell a joke, spin a yarn or just sit back and enjoy the show, the fire and some s'mores. Bring instruments and drums if able. (All Ages Welcome)

**THURSDAY**

**Building the Sweat Lodge**  
**10:30am – Noon ~ Sweatlodge ~ Grey Ghosthawk**

Come help build the Lodge and learn the history and technique of how a Lodge is constructed. Come prepared to work a little and have a little fun in the process.  
(Ages 13 and up)

**Meditation And Internal Alchemy Creating a more magical Ego as a tool  
10:30am – Noon ~ Gnomes Knoll ~ Archonstone**

Too often People give up on Meditation because the mind will not quiet. Active or mindful meditation practices are designed to give the mind something to do. Practices that help with ordering and quieting the mind through mindful meditation practices developed for those practicing magic. Meditation with the body to become aware of energy in the body and how it relates to our mind and emotions. Internal Alchemy is a process of forging and changing our ego, our behaviors and changing our actions and reactions to life. Meditational practices that help in evolving our reactions to the past, and forging behaviors for the future. How to make the ego into a tool, instead being the driver of our behaviors. (All Ages Welcome)

**Thriving as an Empath: Empowering Your Highly Sensitive Self  
10:30am – Noon ~ Dining Hall ~ Trevor Lewis**

This workshop will look at what it means to be an empath, why we are empaths, how that differs from having empathy, and especially what we can do to protect ourselves while still helping the people around us who are suffering. We will also talk about our role in a rapidly changing world. Come learn from a pioneer of empath coaching and early author on the topic. There will be lots of opportunity for questions and discussion. (Ages 18 and Up)

**Wand & Staff Workshop  
10:30am – Noon ~ LunaSong Decore Vendor Tent ~ LunaSong**

Let's attach a gemstone to your wand or staff. You bring the wand or staff and the gemstone. You can purchase these items from vendors on vendor's row as well. I'll supply the materials I am currently using and share my technique with you to attach the gemstone. Let's get together and create something. (All Ages Welcome)

**Create your own Masquerade Mask  
1:00pm – 2:30pm ~ Shield & Spear Society Tent ~ Amanda & Davina**

Art supplies and masks provided bring your artistic ideas and flare to this workshop and make a mask for the meet and greet. (Ages 18 and Up, Under 18 Welcome w/a parent or guardian)

**Ways to Ground, Shield, Protect and Banish Positively  
1:00pm – 2:30pm ~ Gnomes Knoll ~ Lisa Wagoner**

Grounding, Shielding and Protection are all important skills we should have as we move about our daily lives. In this workshop, we will review practices and methods of doing so, including a few quick ways to ground, shield and protect (especially if you forgot to do so!), important items to always have on hand, and ways to shield and protect your person, work space, and home. (Ages 18 and Up)

**Customize your Ancestral Altar for Deeper Magick  
1:00pm – 2:30pm ~ Dining Hall ~ Rayna Templebee**

Many pagans have a dedicated space for honoring their beloved dead but this workshop will introduce the basics of how to create such a space and also offer suggestions on how your ancestor altar may evolve as your practice deepens. From the simplest beginnings to the full blown 'family gathering' at Samhain, in this workshop we will share our altarwork practices to create the bespoke altar that speaks directly to your beloved dead. We will discuss which ancestors to honor, how to incorporate color, scent, and sound into our altar creations and the all-important topic of food offerings. As part of the workshop, participants will be invited to contribute photos or mementos to the main FPG ancestor altar at the Grand Fireplace in the Dining Hall. (All Ages Welcome)

**Peoples of the Otherworlds: An Introduction to Spirit Lore & Practice  
1:00pm – 2:30pm ~ Undines Grotto ~ R. Colin Nelson**

This is a class conducted in three parts. In the first part, we will discuss what spirits are (and are not), and talk about different ways they can be conceptualized. In the second part, we will survey a number of tips and traditional techniques for reaching out to Otherworldly entities. In the third part, we will explore one particular methodology in greater depth, specifically the Power Glyphs system developed by author Donald Tyson. (All Ages Welcome)

**Introduction to the Runes of the Elder Futhark  
3:00pm – 4:30pm ~ Gnomes Knoll ~ Brúnn Triplehorn**

The Runes are the letters in a written language native to the Germanic Peoples. The oldest known runic alphabet set is referred to as the Elder Futhark and dates to approximately AD 400. We will explore the Elder Futhark, and the meanings behind each rune. We will discuss ways to use The Runes from Sigil Magic to Divination. Donation of \$5 requested to cover supply costs. (All Ages Welcome)

**Working with the Physical part of Metaphysics  
3:00pm – 4:30pm ~ Salamanders Inferno ~ DruAnn Welch**

It is recommended you bring a notebook for this one. Dru Ann has worked since 2007 with the concept that our emotions play a huge role in our physical conditions. The concept goes way beyond chakra balancing. Several reference books will be available for you to dive into the metaphysical rabbit hole to jumpstart healing your life. Open discussions about the how and why it works will also be conducted.  
(Ages 18 and Up)

**Fiber Magick Crochet  
3:00pm – 4:30pm ~ Fiber Magick Vendor Tent ~ Opal Luna**

All skill levels are welcome because if you are not able to crochet the stuffed skull Opal will have pre-made ones that you can decorate. (All Ages Welcome)

**Healing the Mother Wound**  
**3:00pm – 4:30pm ~ Undines Grotto ~ Doreen Lavista**

The study of epigenetics tells us that our DNA structure can be influenced by traumatic imprint from our family line. In this workshop/ritual we endeavor to identify the wound from the ancestral mothers on our matriarchal family line. Old wounds & traumas, no matter how carefully hidden, manifest themselves in generations of daughters repeating similar life patterns, illnesses & choices. These emotional, mental, & spiritual wounds imprint into the mitochondrial DNA and subsequently, passed on, Mother to Daughter, with the trauma in place. This workshop helps women express those wounds, exposing them to healing with Reiki, mediation, chanting/toning & burning off the unwanted wounds, thus ensuring such issues are not passed to the next generation of daughters. For this workshop wear comfortable clothes, bring a seat or cushion on which to lie, pen/pencil & paper for burning. (Women Only – All Ages Welcome)

**Masquerade Murder Mystery Meet & Greet**  
**7:00pm ~ Dining Hall ~ Spear and Shield Society**

Transport yourself to the dark side of the French Quarter at our Mardi Gras Masquerade Ball. Dress the part or come as you are... the spirits welcome you either way. Enjoy refreshments and prizes inspired by the fun, folly, and (mis)fortune of Mardi Gras. (All Ages Welcome)

**Women's Inipi Sweatlodge**  
**7:00pm ~ Sweatlodge ~ Donella Favorite**

Stone People Lodge, Purification Lodge, or inappropriately called a Sweat Lodge, is a sacred purification ceremony. This is similar to a sauna in outward appearance, but far more significant in meaning. It is a cleansing, not only of the body, but of the mind, heart, and spirit as well. This ceremony precedes almost all other Native American ceremonies. (Ages 18 and Up)

## **Friday**

**Healing Circle**  
**10:30 - Noon ~ Undines Grotto ~ Grey Ghosthawk**

Join us this morning for an Energy Healing Circle using many techniques including Usui Shiki Ryoho Reiki, Native American and Mexican Folk Medicine, and Peruvian Crystal Therapies. This is not a lecture-format workshop, but a hands-on healing session. (Ages 18 and Up)

**Patchwork Divination: Making Your Own Meaning**  
**10:30am – Noon ~ Sylphs Breeze ~ Serendipity Wyrld**

Have you ever considered using Tarot cards & oracle decks together? What about cards & runes? In Patchwork Divination: Making Your Own Meaning, join Serendipity Wyrld in a discussion of how and why one might choose to combine divination methods to create their own patchwork spreads. This workshop is for anyone interested in creating their own process of divination and/or writing their own spreads. We will not cover interpreting individual cards or symbols, instead our focus will be on how to blend multiple decks, runes, dice, trinkets, etc together to form a cohesive message from a variety of sources.

(Ages 18 and Up)

**Morning Rituals to Move Into Positivity: It Can Be Done!**  
**10:30am – Noon ~ Shield & Spear Society Tent ~ Lisa Wagoner**

If you will never, ever be a morning person, this workshop is for you! Mornings can be tough to move through, so included in this workshop are ways in which to gently start your day, move through morning fogs, methods for recuperating from sleepless nights, and more! Even if you are a morning person, these ideas will help enhance your morning routine. (All Ages Welcome)

**Muscle testing for answers to life's questions: A better life at your fingertips!**  
**10:30pm – Noon ~ Gnomes Knoll ~ Trevor Lewis**

Use your body's wisdom to improve your decision making, and improve your life! Our mind isn't always useful - our body always is! Muscle testing is a great way to tap into the innate intelligence of our body and bypass the intellect. We'll cover how to trust your body's wisdom, different types of muscle testing that you can start using immediately, how to ask questions to get clear and precise answers, how to make changes in your life that you can trust. (Ages 18 and Up)

**Kitchen Magick**  
**10:30am – Noon ~ Dining Hall ~ Mi**

Things that are common and can be a spell in food or drink. (All Ages Welcome)

**Energy Work for Parents**  
**1:00pm – 2:30pm ~ Shield & Spear Society Tent ~ Jess Taylor**

Join Jess for a raw and unfiltered masterclass in conscious parenting without all the fluff! Learn simple ways to use your own energetic channel to help your household manage the Growing Up Rollercoaster while maintaining your own self-care (and sanity!). (All Ages Welcome)

**You Can Play the Flute and Love It!**  
**1:00pm – 2:30pm ~ Vendors Row ~ Spidersong Flutes**

The Native American flute has been reported to be the third oldest known musical instrument in the world. Native Flutes have been used all over the world for spirit calling ceremonies, powerful prayer ceremonies, courting and love songs. The flute workshop is for those just starting out or just interested in the Native American flute. The workshop will cover the basics of playing a Native American flute including scales, fingering and special techniques. How to care for your flute, what to look for when buying a flute and a bit of the history of the instruments will be provided. I will also talk about and show how to play overtone flutes. (All Ages Welcome)

**Energy Accumulation and Management for Magic Part II of Meditation and Internal Alchemy  
1:00pm – 2:30pm ~ Salamanders Inferno ~ Archonstone**

Turn breathing into a method of reaching out to the environment to pull astral/prana/chi and how to store it. Psychic Hygiene to clean that energy up, Better yet, reach out to nature to energy that is compatible with you. How to circulate and store astral/prana/chi in the body. Methods for attuning the energy to your body, your astral body, projections, and nature. Chakra sounds, and external chakra concepts versus internal. External Elemental Identification, nature and flow of Energy and astral/prana/chi. (All Ages Welcome)

**Sound and Breathing  
1:00pm – 2:30pm ~ Dining Hall ~ DruAnn Welch**

Learn breath sequences to change your life combined with the sounds of the crystal singing bowls. Out of this world for sure! (All Ages Welcome)

**Crafting with Layers of Intention  
1:00pm – 2:30pm ~ Fiber Magick Vendor Tent ~ Opal Luna**

Add Magick to your makes with various correspondences and embellishments. (All Ages Welcome)

**Intuitive Divination  
1:00pm – 2:30pm ~ Undines Grotto ~ Shaylee Ayele**

Trusting our instincts can be scary and even though as pagans we are more in tune than others it's still something that as people we can have a hard time doing. In divination there are so many things to learn, symbolism to interpret, and information to discern that it can be overwhelming. In this workshop, you will learn how to work on listening to your intuition when divining, work with a few divination tools to practice Intuitive Divination, and get a chance to talk about how your concerns and fears about getting it wrong. If you brought them to the festival feel free to bring your tarot or oracle cards to this workshop. (All Ages Welcome)

**Hearts on Fire Sacred Fire Walk  
3:00pm ~ Location TBA ~ Hearts on Fire**

Join us for a true cleansing of body, mind, and spirit on a night filled with mystical energy and spiritual growth. This will be an unforgettable workshop filled with positive memoirs of self-discovery! We will be exploring ways to discover the hidden potential that remains dormant, or untapped within all of us. Learn how to release fears, inhibitions, limitations, and obstacles that prevent you from realizing, or accomplishing a dream. Reconnect with a higher sense of self, spirit, and the universe to unfold a happier, healthier, and free existence! There will be energy building exercises and group meditation to create sacred space before walking the fire. Walking on broken glass is one of exercises that will take place during this event. Walking on broken glass represents paying attention and mindfulness while changing perception. There will be a group meditation where we set intentions for healing, releasing resistance or asking for transformation for any area of life where a shift is desired. All activities are optional. Group Activities Include: Talking circle, Meditation/Intention setting, Building the fire, Glass walk (walking on broken glass), Energy building via Chanting, Fire walk, closing circle. (All Ages Welcome)

**Kid's Trick or Treat**  
**5:30pm ~ Vendors Row ~ Temple of Earth Gathering**

Parents, don't forget to pack your kiddo's Halloween costumes and bring them Trick or Treating down Vendors Row. All Vendors will be provided a bag of Treats to hand out to the kids so don't forget their Treat bags. (Kids and their parents Only)

**Storytime- Under 5 years old/Book review discussion**  
**6:00pm ~ Vendors Row ~ Uniqreads**

In or near Uniqreads vendor tent children & their accompanied adult can come and join an age appropriate story time to unwind after dinner. Attendees can bring their own books or can choose one to borrow from Uniqreads' collection. / Readers of any age can bring their favorite book to discuss or discuss a bookish topic with others. (Kids and their parents Only)

**Co-Ed Inipi Sweatlodge**  
**7:00pm ~ Sweatlodge ~ Grey Ghosthawk**

Stone People Lodge, Purification Lodge, or inappropriately called a Sweat Lodge, is a sacred purification ceremony. This is similar to a sauna in outward appearance, but far more significant in meaning. It is a cleansing, not only of the body, but of the mind, heart, and spirit as well. This ceremony precedes almost all other Native American ceremonies. (Ages 18 and Up)

**Friday Night Concert featuring Arthur Hinds and Alexian**  
**8:00pm ~ Dining Hall ~ Temple of Earth Gathering**

**Sacred Drumming and Dancing**  
**10:00pm - ?? ~ Fire Circle ~ Remmi and Friends**

One of the most sacred areas of our festival is our Fire Circle. Drummers, dancers, revelers, on-lookers, families and friends gather each night for drumming, dancing, friendship and community fellowship. (All Ages Welcome)

**SATURDAY**

**Healing Circle**  
**10:30 - Noon ~ Undines Grotto ~ Grey Ghosthawk**

Join us this morning for an Energy Healing Circle using many techniques including Usui Shiki Ryoho Reiki, Native American and Mexican Folk Medicine, and Peruvian Crystal Therapies. This is not a lecture-format workshop, but a hands-on healing session. (Ages 18 and Up)

**Spirit, Spirit Components vs Soul**  
**10:30am – Noon ~ Sylphs Breeze ~ Archonstone**

Too often in academic and spiritual literature the word Soul gets confused with the word spirit and vice versa. A short survey into the definitions of spirit components in various cultures, and what is or what makes up a soul. The soul how is it created, where does it come from and where does it go? What is its relationship to spirit and the body? How useful is this information for Magic, psychopomp work, and or working in magical cultural contexts. Ideally ideas in this class can flesh out understanding of some spiritual experiences also. (All Ages Welcome)

**Everyday Magick: Infusing the Craft into Your Daily Routine**  
**10:30am – Noon ~ Shield & Spear Society Tent ~ Jess Taylor**

Magick is everywhere - We just have to open ourselves to it! In this workshop you'll learn how to make every single day magickal with simple tips and tricks, including a goof-proof way to create your own sigils. Bring a pen, paper, and a mundane item you use every day like a hairbrush, watch, keys, etc. (All Ages Welcome)

**How to Develop a Croning Ritual**  
**10:30am – Noon ~ Salamanders Inferno ~ Martha Kirby Capo**

Croning Rituals are a formal way of acknowledging and celebrating a woman's journey into the latter stages of her life. This workshop will cover the overall structure of a Croning Ceremony, with suggestions of aspects to consider when creating a Ceremony either for you or the Crones in your covens or groups. NOTE: All persons who identify as women are welcome to this workshop. (Women only, Ages 18 and Up)

**An Introduction to Mead Making**  
**10:30am – Noon ~ Dining Hall ~ Brúnn Triplehorn**

Mead may have been mankind's first discovery of alcohol. Mead is made from fermenting honey in water. Mead takes a major role in Norse Mythology, and is widely used in pagan rituals and fellowship. We will discuss the basic principles and guidelines for Mead Making. You will leave with an understanding of the step-by-step process of starting your own brew when you get home. (Ages 21+ Only)

**You Can Play the Flute and Love It!**  
**1:00pm – 2:30pm ~ Vendors Row ~ Spidersong Flutes**

The Native American flute has been reported to be the third oldest known musical instrument in the world. Native Flutes have been used all over the world for spirit calling ceremonies, powerful prayer ceremonies, courting and love songs. The flute workshop is for those just starting out or just interested in the Native American flute. The workshop will cover the basics of playing a Native American flute including scales, fingering and special techniques. How to care for your flute, what to look for when buying a flute and a bit of the history of the instruments will be provided. Whether you own a flute or not you can attend. I will also talk about and show how to play overtone flutes. (All Ages Welcome)

## **Moving through the Negative Chaos of the World as a Positive Pagan**

**1:00pm – 2:30pm ~ Sylphs Breeze ~ Lisa Wagoner**

Living in this world can be tough and challenging, especially nowadays. In this workshop, we will cover ways of how to move through the negativity, and discuss what methods and concepts help move us forward throughout our waking hours (and even a few for when we sleep). We will also discuss the difference between toxic positivity and positive paganism, and how you can tap into positive energy to create the life you want to live. (All Ages Welcome)

## **Djembe Foundations**

**1:00pm – 2:30pm ~ Fire Circle ~ Remmi**

This workshop includes instructions on everything from starting hand positions to how to make sounds, ergonomics and actual rhythm theory. We will learn a West African rhythm in two parts as well as speak on comfort and etiquette in approaching any drum circle. (All Ages Welcome)

## **Chants for Ritual**

**1:00pm – 2:30pm ~ Dining Hall ~ Lord Alexian**

Join Lord Alexian for an interactive chant-a-long! Remember, refresh, and rejoice in the old chants which can bring protection, power, and peace to any magick circle. Non-singers welcome! (All Ages Welcome)

## **Sacred Hapé Circle**

**1:00pm – 2:30pm ~ Vendors Row ~ Sunshine Peace**

Join us as we regain our connection to Pachamama through this hapé circle and ceremony. Hapé is a plant medicine used by native South American tribes for healing and spiritual insight. It is a tobacco in the form of a powder that is applied through the nostrils. Come learn about this sacred medicine and how to integrate its use into your spiritual practice. We will also have the opportunity to self-apply the medicine and sit with the medicine in a meditative space. Please bring a chair or something to sit on. This workshop will be held on Vendor's Row at the LunaSong Decore and Ancient Awakening Temple of the Healing Arts booth. (Ages 18 and Up)

## **Emotion clearing & affirmation installation: Change yourself, change your world**

**3:00pm – 4:30pm ~ Shield & Spear Society Tent ~ Trevor Lewis**

Emotions are meant to flow through us the way they flow through a healthy child (temper tantrum one moment, all smiles the next). As adults they can get stuck in our body and cause dis-ease and disease! This workshop will cover how to clear those unwanted emotions - and how to install more useful ones using affirmations. We will learn fast, easy, efficient ways to install affirmations (no more writing them out hundreds of times or repeating them to yourself endlessly in the mirror). This may be one hour of 2022 that has a huge impact on how much you enjoy 2023. (All Ages Welcome)

**Creating & Working with a Self-Love Altar**  
**3:00pm – 4:30pm ~ Salamanders Inferno ~ Serendipity Wyrd**

Could you benefit from loving YOU a little more? Are you doing or planning to dig into shadow work? Do you want to improve your relationship with yourself? Creating and working with a self-love altar can help! In this workshop with Serendipity Wyrd, explore how building an altar can be its own form of magic. A rebellious, chaotic sort, Serendipity will encourage you to step out of the confines of traditional altar building to explore yourself, while creating a transformative sacred space to inspire, enhance, and boost your self-love. (Ages 18 and Up)

**Crystal Bowl Sound Bath**  
**3:00pm – 4:30pm ~ Dining Hall ~ DruAnn Welch**

Come relax and reboot to the crystal singing bowls and tuning chimes. (All Ages Welcome)

**Magickal Mead Making**  
**3:00pm – 4:30pm ~ Fiber Magick Vendor Tent ~ Opal Luna**

It's becoming a tradition to share the mead we made last time and put up a new batch. This time we will do it in ritual space to make a special brew for Beltaine. (Ages 21+ Welcome)

**African Dance with Saturnin Ba**  
**3:00pm - 4:30pm ~ Fire Circle ~ Saturnin Ba**

Saturnin Ba will teach an African dance class. Saturnin is from the Ivory Coast in West Africa. He will teach « Agbeman » a celebration dance of the Wê people from the Western region of the Ivory Coast. All levels are welcome. (All Ages Welcome)

**Samhain Live Auction**  
**4:30pm ~ Vendors Row ~ Medea Athairn**

**Main Ritual – Dia De Los Muertos**  
**8:00pm ~ Fire Circle ~ Roxanne & Friends**

Roxanne & Friends will be presenting a Dia de los Muertos (Day of the Dead) ritual. We will be celebrating the lives of our beloved dead along with the wonderful memories that were shared with them. A traditional “Ofrenda” will be a part of this celebration. An Ofrenda, is usually created by the family members of a person who has died and is intended to welcome the deceased to the altar setting. If you would like, bring an item, picture or representation of your beloved dead that will be placed on the Ofrenda. Please give your items to Roxanne no later than noon on Saturday.  
(All Ages Welcome)

**Sacred Drumming and Dancing**  
**10:00pm - ?? ~ Fire Circle ~ Remmi and Friends**

One of the most sacred areas of our festival is our Fire Circle. Drummers, dancers, revelers, on-lookers, families and friends gather each night for drumming, dancing, friendship and community fellowship. (All Ages Welcome)

**SUNDAY**

**Closing Ritual**  
**11:00am ~ Fire Circle ~ Temple of Earth Gathering**

**Merry Meet, Merry Part and Merry Meet Again!**